

Publications on Arts and Health

Dr Daisy Fancourt

An overview of arts and health

Fancourt, D. (2017). *Arts in Health Designing and Researching Interventions*. Oxford University Press.

Arts and mental health

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Fancourt, D., Steptoe, A. (2018). Community group membership and multidimensional subjective well-being in older age.. *Journal of epidemiology and community health*, doi:10.1136/jech-2017-210260

Fancourt, D.E., Perkins, R. (2018). Could listening to music during pregnancy be protective against postnatal depression and poor wellbeing post birth? Longitudinal associations from a preliminary prospective cohort study. *BMJ Open*, doi:10.1136/bmjopen-2017-021251

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Fancourt, D., Perkins, R. (2017). Associations between singing to babies and symptoms of postnatal depression, wellbeing, self-esteem and mother-infant bond. *Public Health*, 145 149-152. doi:10.1016/j.puhe.2017.01.016

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Heydon, R., Fancourt, D.E., Cohen, A. (Eds.), (2019). *The Routledge Companion to Interdisciplinary Studies in Singing Volume III: Singing and Wellbeing*. Routledge.

Fancourt, D., Perkins, R., Ascenso, S., Carvalho, L.A., Steptoe, A., Williamon, A. (2016). Effects of Group Drumming Interventions on Anxiety, Depression, Social Resilience and Inflammatory Immune Response among Mental Health Service Users. *Plos One*, 11 (3), doi:10.1371/journal.pone.0151136

Arts and physical health

Fancourt, D., Steptoe, A. (2018). Physical and psychosocial factors in the prevention of chronic pain in older age.. *The Journal of Pain : official journal of the American Pain Society*, doi:10.1016/j.jpain.2018.06.001

Burrai, F., Hasan, W., Fancourt, D., Luppi, M., Di Somma, S. (2016). A Randomized Controlled Trial of Listening to Recorded Music for Heart Failure Patients Study Protocol. *Holistic Nursing Practice*, 30 (2), 102-115. doi:10.1097/HNP.000000000000135

Fancourt, D.E., Steptoe, A. (2018). Abstract: Physical activity and social/cultural engagement as risk-reducing factors in the prevention of chronic pain in older age: findings from a longitudinal cohort study. *The Lancet*,

Fancourt, D., Steptoe, A. (2018). Cultural engagement predicts changes in cognitive function in older adults over a 10 year period: Findings from the English Longitudinal Study of Ageing. *Scientific Reports*, 8 (1), doi:10.1038/s41598-018-28591-8

Fancourt, D.E., Steptoe, A., Cadar, D. (2018). Cultural engagement and cognitive reserve: museum attendance is inversely associated with dementia incidence over a 10-year period. *British Journal of Psychiatry*, doi:10.1192/bjp.2018.129

Psychological mechanisms

Perkins, R., Yorke, S., Fancourt, D. (2018). How group singing facilitates recovery from the symptoms of postnatal depression: A comparative qualitative study. *BMC Psychology*, 6 (1), doi:10.1186/s40359-018-0253-0

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Perkins, R., Ascenso, S., Atkins, L., Fancourt, D., Williamon, A. (2016). Making music for mental health: how group drumming mediates recovery.. *Psychology of well-being*, 6 (1), doi:10.1186/s13612-016-0048-0

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Biological mechanisms

Finn, S., Fancourt, D. (2018). The biological impact of listening to music in clinical and nonclinical settings: A systematic review. *Progress in Brain Research*, doi:10.1016/bs.pbr.2018.03.007

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Fancourt, D.E. (2019). Understanding music, mind and emotion from a biological perspective. In Gouk, P., Prins, J., Thormaehlen, W., Kennaway, J. (Eds.), *The Routledge Companion to Music, Mind and Wellbeing: Historical and Scientific Perspectives*. Routledge.

Evaluating and researching arts in health

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